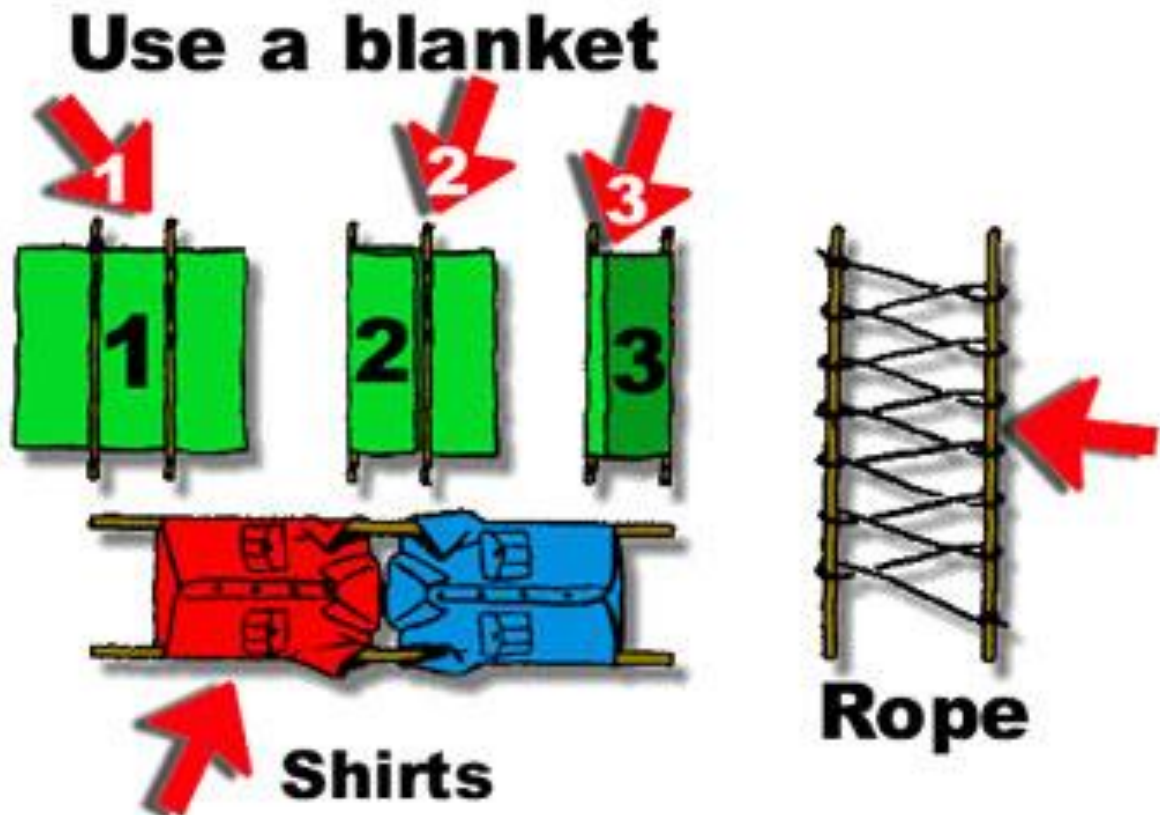


# How to make a stretcher

**This illustration gives you an idea of how to make a stretcher in an emergency.** You can use a blanket as shown at the top. Position two strong poles about 1/3 of the way from the sides, then fold the left side over, and finally the right side. Make sure the person's body weight keeps the blanket on the poles, or it could come apart.

Two shirts, or even pants, can be used as shown at the bottom. Once again you need two strong poles to carry the victim with.

Or, as shown on the right, you can use rope to transport an injured person. Keep in mind, the ropes method is the least comfortable for the victim and you might have to cushion it for them.



## Making a stretcher